

Who is involved in bullying issues?

BULLYING.
CALL IT
WHEN YOU SEE IT.

Bullies, Victims and Witnesses



Bullying is unwanted aggressive behavior with the real or perceived power-imbalance, that is repeated over time. No one deserves to be bullied. Bullying affects all parties involved including those who bully, those who are targets, and those who are witnesses.

Bullies – Kids who bully others may do so through physical, verbal, emotional, sexual, or cyber abuse. Those who bully others may also be targets of bullying themselves. They are more likely to drop out of school, get into fights, vandalized property, engage in early sexual activity, and abuse drugs and alcohol.

Victims – Kids who are bullied often feel helpless and socially isolated. They may fear that others do not understand what they are going through. Most targets of bullying will not ask for help due to the risk of further humiliation or rejection by other peers. Those who are bullied are at higher risk for depression and anxiety.

Witnesses – Those who witnessed bullying may play roles and assisting the bullier by encouraging or joining in. They may also reinforce bullying behavior by laughing or providing an audience. They also have an opportunity help by standing up to the person who is bullying, comforting the person who is being bullied, or reporting the bullying to an adult.



The bottom line is that everyone deserves to be treated with respect.