

# WHAT IS BULLYING?

## TEASING

- Everyone is having fun
- No one is getting hurt
- Everyone is participating equally

## CONFLICT

- No one is having fun
- There is a possible solution to the disagreement
- Equal balance of power

**BULLYING.**  
**CALL IT**  
**WHEN YOU SEE IT.**

## MEAN MOMENT

- Someone is being hurt on purpose
- Reaction to a strong feeling or emotion
- An isolated event (does not happen regularly)

## BULLYING

- Someone is being hurt on purpose
- Repetitive (happens regularly)
- Imbalance of power

